



Parenting 101 Student Report

Detailed Student Report

Prepared: January 21, 2010



Student:
Sam J. Smith

Facilitator:
Clay H. Emerton
Parent Road Parenting 101
Fight 4 Kids, Inc.
1-800-641-5539
501C3

Final Exam Date: 01/20/09

Final Exam Score: 94%

This report includes:
Student Profile
Parenting 101 Class Syllabus
Performance Summary
Detailed Participation Responses
Final Exam Answers
Certificate of Training

Total Pages: 9
(normal reports are 18+ pages)

Student Profile:
Sam Smith

Date of Birth:
October 9th, 1979

Los Angeles County Address
39525 Baker Street East
Lancaster, CA 93536

Living Situation:
Single/Alone

Family Specifics:
Father of 2
Every other week visitation (50%)

Employment:
Full Time Retail Management

Education:
High School Graduate

Hobbies/Interests:
Playing Softball
Writing
Reading

Reason for taking this class:
Court Ordered

Parenting 101

2008 Syllabus

The **Parenting 101** program was designed to address the needs and concerns of parents. **Parenting 101** focuses on concepts important for parenting effectiveness such as communication skills, guidance techniques, and positive discipline strategies. The emphasis is on building skills, providing support, and helping parents understand the needs and abilities of children during different stages of development.

Parenting 101 has seven structured modules. Each module includes **instructions**, handouts, discussion questions, and ideas for implementing the concepts.

Module One: Child Development

Effective parenting requires a clear understanding of the developmental limitations and abilities of children at different ages. This module focuses on child development, common parenting issues at different *developmental stages*, and *parental expectations*. Guidance strategies for children of different ages are introduced and discussed.

Module Two: Active Listening

This module introduces participants to the skill of listening as a foundation for effective family communication. Techniques for conveying acceptance and emotional support through active listening skills are highlighted and participants are invited to explore their current listening style. How effective listening can be used in various parenting situations is discussed.

Module Three: Building Understanding

Continuing with the theme of family communication, this module introduces participants to speaking skills that help increase understanding and cooperation. The impact of nonverbal communication is emphasized, and parents are introduced to “I- Messages” as a strategy for communicating clearly about feelings and for setting limits and making requests.

Module Four: Helping Children Behave

This module is designed to help participants master strategies for increasing desired behaviors in their children through the use of praise, reinforcement, setting limits, redirection, and modeling. Ineffective methods of handling children's misbehavior are discussed and communication skills that work well for providing child guidance are reinforced.

Module Five: Sensible Discipline

Discipline strategies are aimed at decreasing unwanted behaviors in children. This module focuses on techniques for effective and fair discipline, including ignoring, time out, and natural and logical consequences. The reasons for children's misbehavior are explored, along with common discipline problems and recommended solutions.

Module Six: Self-Care for Parents

This module acknowledges the stress, insecurity, and low sense of self-esteem experienced by many parents who feel overwhelmed by parenting responsibilities. Participants are encouraged to focus on self-care and to pay attention to the potential negative impacts of not caring for themselves. Assertiveness, affirmations, time management, and strategies for dealing with the stress that results from negative "self-talk" are addressed.

Module Seven: Tomorrow and Beyond

The final structured module emphasizes problem-solving, planning, and encouraging resilience in children. Parents are introduced to a problem-solving model for working through future parenting challenges. The module also provides closure for the parenting class by asking participants to review their parenting goals from the first session, to assess progress, and to set goals for the future.

Accountability & Certification

The Parenting 101 class is facilitated within an exclusive internet classroom. The class includes an online application, seven graded quizzes, a participation evaluation, and a Final Exam.

During classroom participation, students are encouraged to interact with other students. This encourages shared learning in a group setting.

Students may elect to be considered for Certification of Training. Certification requires a minimum Final Exam score of 90% and an evaluation of class discussion participation.

If requested by a student, a course facilitator may sign a sworn affidavit regarding the facts of a student's documented class work. The class facilitator may cooperate with such a request under the direction and authority of Fight 4 Kids, Inc.

Student Performance Summary

Training Credit Earned:

12 Hours

Class Work:

This student met the standard for this class.

Exam Results:

This student's exam score of 94% is considered above average.

Participation:

This student went well beyond the class minimum requirements in the class discussion area. The student collaborated with peers and discussed problem solving at length.

Student Participation Detail (brief sample)

1.

Introduce Yourself: Tell us about you!

on: Dec 17th, 2010, 11:13pm

Hello all,

My name is Sam and I am living in Lancaster, California. Although I am taking this course as a result of court action, I have a good attitude about it and know that there is always room for improvements. I have 3 children, 21, 19 and 16. My son mike, 16, is living with me for the past 14 months. I guess that's it for now.

Nice to be here.

-Sam

2.

Child Development: Tower of Strengths

on: Dec 18th, 2009, 11:30am

Strengths:

Practical - I had to be practical with 3 kids.

Relaxed - I have learned this strength and it was hard and took time.

Loving - I grew up loving; I know this is something I learned from my mother.

Forgiving - I am sometimes too forgiving and although this can also be a weakness, my children haven't taken advantage of it.

Patient - It takes a lot of patience with younger children, I notice I am not as patient with my son now that he is 16. I still have growing to do.

Responsible - I instill responsibility to my son, I think it is the most important strength children should...

Final Exam Results (brief sample)

First name: Sam
Last name: Smith
Email Address: samsmith@yahoo.com
City & State: Lancaster, CA
January 19, 2010
IP: 24.209.96.161
Score: 94

Question 1

Lecturing (scolding, giving a speech) helps children remember what to do.

Given Answer

False

Question 2

Some types of bad behavior are best handled by ignoring the child.

Given Answer

True

Question 3

Shaking children helps parents discipline and doesn't hurt the child.

Given Answer

False

Question 4

Your child is throwing a tantrum. Ignoring him/her may be an effective method of responding.

Given Answer

True

Question 5

It is possible to discourage bad behavior without discouraging the child.

Given Answer

True

Question 6

Spanking makes children want to act better:

Given Answer

Never.

Question 7

Exercise is good for you, but doesn't

Certificate of Training
(sample image)

